Pip's Feelings Club · Sheet 1 Watch the episode first! Scan →

Feelings Detective



Rory was not playing. Pip looked for **clues**.



A guess is only *a* guess. So Pip went over to **check**.



Rory missed his Papa. Pip couldn't fix that. But she stayed.

Where does a detective look for clues?

Circle the three places.

Face | Shoes | Body | Lunch box | Voice

What's your guess?

Draw a line from the clues to the guess.

Big smile, wings up high ●	● Cross
Frowny face, tight wings ●	● Sad? Tired? Poorly?
Head down, droopy wings ●	● Happy

What does a detective do?

Write 1, 2 and 3 in the boxes.

☐ Check: "Are you okay?"

☐ Look for clues

☐ Make a guess

★ Super Star Challenge: **3 friends were playing. 1 friend sat all alone. How many friends?** ☐

You earned the Feelings Detective badge!

Colour it in when you finish.

Pip's Feelings Club · Sheet 2

Guess, Then Check





Droopy eyes. Slow wings. Pip made a guess: **sad**.



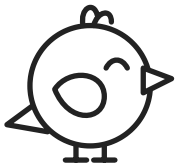
A guess is only a guess. So Pip **checked**.



Pip's guess wasn't quite right. That's why detectives check!

Be a detective!

Look for clues. Say your guess for each face. Then draw a face for your grown-up to guess.



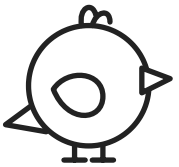
1



2



3



Draw one!

After you check, what could you do?

Tick the ones you could try.

- Ask, "Do you want me to sit with you?" ☐
- Draw a picture together ☐
- Pack away by myself ☐
- Tell a grown-up ☐

★ Super Star Challenge: **Papa is very tired. Draw Papa having a rest in his cosy nest.**



You earned the Little Detective badge!

Colour it in when you finish.

Pip's Play Cards

Cut them out. Pick one after a sheet, or any time!

Feelings Statues

MOVE



Your grown-up calls a feeling: happy, cross, sad or tired.
Show it with your face AND your body.
Freeze like a statue!

Be the Detective

PRETEND



Your grown-up acts a feeling. No words!
Look for clues. Make a guess.
Then check: "**Are you okay?**"

Wings Up, Wings Down

MOVE



Walk with droopy wings. Now tight wings. Now wings up high!
Which feeling goes with each one?

Sit With Teddy

PRETEND



Teddy is sitting all alone.
Ask, "Are you okay?"
Then ask, "Do you want me to sit with you?" Sit quietly together.

Mirror Faces

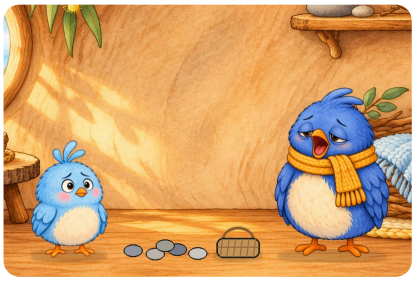
MOVE



Stand face to face with your grown-up.
They make a face and a shape. You copy, like a mirror.
Then swap!

Tired Papa

PRETEND



Your grown-up yawns: "Ohhh... ho hum."
Guess, then check: "Are you okay? Are you sad?"
They tell you if your guess was right!

Grown-Up's Guide

Pip's Feelings Club · Episode 21: Feelings Detective

"Are you okay?"	Look. Guess. Check.	Notice. Ask. Stay.
The check	Clues in the face, body and voice	Helping without fixing

The steps from the episode

Look for clues (face, body, voice) → **Make a guess** → **Check: "Are you okay?"** A guess is only a guess, so a good detective always asks. Pip does not fix Rory's feeling: he still misses his Papa at the end. She notices, she asks, and she stays. At home her guess is wrong (Papa is tired, not sad), and checking is how she finds out.

Doing a sheet

Watch the episode together first: scan the code on Sheet 1, or visit pipsfeelingsclub.com. A calm 10 minutes, never as a consequence. You read the comic, your child does the pens. Finish with a play card.

What to talk about

Sheet	Ask them	Do together
Feelings Detective	"What clues did Pip see?" "What did Pip ask Rory?" "Did Pip fix Rory's sad feeling?"	Look at faces in a picture book. Find the clues and make a guess.
Guess, Then Check	"What was Pip's guess about Papa?" "Was her guess right?" "How did she find out?"	Make a face each. Guess, then check. Wrong guesses are part of the game.

When a friend looks sad

1. "What clues can you see? Your guess?"
2. Check: "Are you okay?" Ask before helping.
3. Very sad, or hurt? They tell a grown-up.

When they're stormy

Save detective work for calm times.
Be their detective: "Tight wings. Cross?"
Wrong guess? Say so: "Oh! Tired, not cross."

Do it out loud yourself

"She looks quiet. I'll ask if she's okay."
"I guessed wrong! Good thing I checked."
Name your own feeling: "I'm just tired."

Catch them doing it well

"You noticed his face. Good detective work."
"You asked before you helped."
"You stayed with her. That was kind."

Try to avoid

Telling them how someone feels. Let them guess.
Expecting them to cheer a friend up.
Making a grown-up's feelings their job to fix.

Every day (2 minutes)

At story time, stop at a picture:
"What are the clues? What's your guess?"
A star each time they check on someone.

Share the words with their teacher so school can use "Look, guess, check" too. See your GP or child health nurse if your child seems sad or withdrawn most days.

Based on the empathy and perspective-taking lessons in the PATHS and Second Step programs.