Pip's Feelings Club · Sheet 1 Watch the episode first! Scan →

Friend Finder



Kip was new. At playtime he sat on a log, all by himself.



Step 1: **Say hi.**
Kip said, "Hi."



Step 2: **Ask a question.**
Kip said, "Um... I like chasey."

Three little steps

Draw a line from each step to what Pip said.

1. Say hi ●	● "Me too!"
2. Ask a question ●	● "Hi, Kip! I'm Pip."
3. Find something you both like ●	● "What do you like to play?"

Ask it out loud. Then trace it!

What do you like to play?

Your turn!

Finish the words. Then say them to someone.

Hi! I'm _____.

I like to play _____.

★ Super Star Challenge: **Pip and Rory were playing. Then Kip joined in. How many friends played chasey?** ☐

You earned the Friend Finder badge!

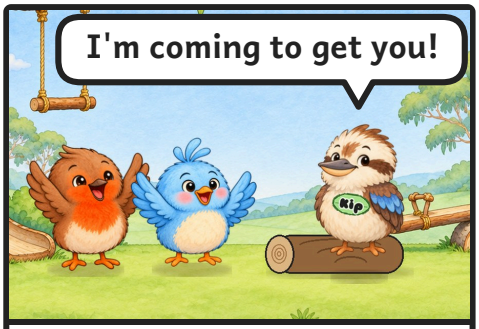
Colour it in when you finish.

Pip's Feelings Club · Sheet 2

Me Too!



Step 3: **Find something you both like.**



Rory joined in. Round and round the playground they went!



Kip's tummy was still a bit fluttery. But he knows two names now.

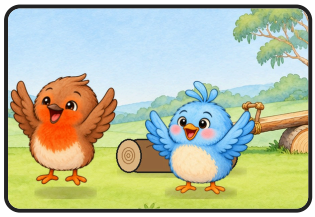
What do YOU like to play?

Circle yours. Ask a friend to circle theirs. Did you find one you **both** like?

Chasey · Blocks · Drawing · Hide and seek · Ball games · Dress-ups · Puzzles · The swing

Draw you and a friend.

Play something you both like!



★ Super Star Challenge: **Ask someone, "What do you like to play?"**

Colour a star each time you ask!

You earned the Me Too badge!

Colour it in when you finish.

Pip's Play Cards

Cut them out. Pick one after a sheet, or any time!

Slow Chasey — MOVE



Play chasey in s-l-o-w motion, so nobody bumps.
Tag your grown-up gently and say, **"You're it!"**

Hi, Teddy! — PRETEND



Teddy is new and sitting all alone.
Hop over: **"Hi! I'm ____."**
Then ask, **"What do you like to play?"**

Kookaburra Laugh — MOVE



Kip likes laughing. Really loud!
Flap your wings and do your biggest kookaburra laugh.
Now do your tiniest one.

Be the New Bird — PRETEND



You are Kip on the log.
Your grown-up hops over: "Hi! What do you like to play?"
Tell them. Then swap!

Me Too! — MOVE



Your grown-up says, "I like jumping!"
If you like it too, jump up and shout, **"Me too!"**
Then you say one.

Fluttery Tummy — PRETEND



Pretend your tummy is fluttery.
Hold your grown-up's hand and say hi to a teddy together.
Feeling shy is okay!

Grown-Up's Guide

Pip's Feelings Club · Episode 9: New Bird at School

"Hi! I'm Pip."	"What do you like to play?"	"Me too!"
Step 1: say hi	Step 2: ask a question	Step 3: find something you both like

The steps from the episode

Say hi → Ask a question ("What do you like to play?") → Find something you both like. Pip remembers her own fluttery first day, and that is why she hops over. Kip is still a bit fluttery at the end: he has played one game and he knows two names. A friendship has started, not finished. Feeling shy is okay, and a grown-up can stand with your child the first time they say hello.

Doing a sheet

Watch the episode together first: scan the code on Sheet 1, or visit pipsfeelingsclub.com. A calm 10 minutes, never as a consequence. You read the comic, your child does the pens. Practise the question at home, where it is easy: words practised with you are words they can find with someone new. Finish with a play card.

What to talk about

Sheet	Ask them	Do together
Friend Finder	"How did Kip feel on the log?" "What did Pip say first?" "What did she ask him?"	Practise the three steps with a teddy, then with each other.
Me Too!	"What did Pip and Kip both like?" "Was Kip still a bit fluttery at the end?" "What do you like to play?"	Think of one child they could say hi to this week.

When they meet someone new

1. Before: "Shall we say hi together?"
2. Stand with them. A small "hi" is enough.
3. Whisper the question: "What do you like to play?"

When they're shy

Shy is a feeling, not a fault.
A wave or a smile counts as a hello.
Not today? "That's okay. We can try again."

Do it out loud yourself

Let them hear you greet someone new.
"Hi, I'm ____. What do you like to do?"
Later: "I felt a bit fluttery too."

Catch them doing it well

"You said hi. That was brave."
"You asked a question and listened."
"You found something you both like!"

Try to avoid

"Don't be shy," or "the shy one."
Speaking for them every time.
Expecting a best friend after one game.

Every day (2 minutes)

At dinner: ask, "What do you like to play?"
Find one thing you both like.
A star each time they say hi or ask.

Share the words with their teacher so school can prompt the same three steps. Talk to your GP or child health nurse if shyness is stopping them joining in most days, or they seem very worried about school.

Based on friendship skills from the Second Step program and the Pyramid Model.